

Campaign to end Violence against Woman

Schooling Campaign

Organized by Kathmandu School of Law

Program Report

Introduction to Program

Every year from November 25 to December 10 the Campaign to end Violence against Woman takes place and Kathmandu School of Law (KSL) also participates in it every year. This year as well Clinical department of KSL organized a schooling campaign targeting schools around Kathmandu Valley where Students of B.A.L.L.B. 1st year went and teach students on Period Poverty, Reproductive and Menstrual Health. Our group participated in the campaign and went to Koteshwor Saraswati Higher Secondary School Situated at Mahadevsthan, Koteshwor on December 7, 2021. The main aim of the campaign was to educate students on how period poverty and negligence on reproductive and menstrual health affect women and how it encourages women violence. In the meantime, we were also collecting the data for menstrual products and their use.

Participating members of the group

S.N.	Name	Role
1	Anjana Sapkota	Member
2	Anjani Pokhrel	Member
3	Achyuttam Gautam	Volunteer
4	Dipa Khanal	Member
5	Pratistha Pandey	Captain
6	Shreya Acharya	Member

Program Execution

On December 7, every member of our group gathered at the school at about noon and started our program as planned. The school had managed our time to teach three classes to the students of three different grades. We went to grades 7, 9, and 10. Each class contained the number of students of a minimum of 50. We couldn't get the exact number of students as the

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management of the school was weak. In each class we taught the student on mainly following topics:

1. Started with an introduction to menstruation and experience sharing.
2. Educated on Period products including how to use them. (Sanitary pads in general period product and menstrual cup as an eco-friendly alternative)
3. And shed light on Period poverty and how it has been a challenge to women around world.
4. Ended with 'How to normalize period talk?

We were able to teach more than 150 students and 5 female teachers and staff of the Koteshwor Saraswati Higher Secondary School. We took three classes in total and ended our session at about 2:30 PM.

Challenges and Learning

While we were asking students questions we find out that a large number of menstruating students use sanitary pads as their regular period product. However, students were very interested in learning more about eco-friendly period products, especially menstrual cups. We also find out that period talk is still not normalized but the male students do support their female friends to make sure they are not uncomfortable around them. One of the most inspiring thing about the session was that most of the girls from grade 10 are boycotting the discriminative tradition and has started normalizing menstruating. Though students were quite educated and were willing to change for the better, they were still naïve about some traditions and cultures and why they do what they do. One of the examples from the session is of a student (boy) who was confused on why we do not go to the temples and kitchen during our period. After our team members explained why such culture evolved and how it is outdated for today's world and it was mind-changing for him and most of the students.

One of the challenges we faced during this campaign was to manage our time as our schedules were tight because of different extra circular activities that our college had. Besides that, we

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also felt that our session would have been more fruitful if we were able to present the session through a projector along with showing the students different educational clips and videos.

We did our best to educate them on the period taboo and period poverty. All the challenges besides, we can say that we were able to create impact through this session.

Photographs from the campaign:



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